



Greenwich School

May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches, pineapples, apples, and more!

Student Lunch \$2.75

Reduced Lunch \$0.40

Adult Lunch \$3.50

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Maschio's Swap Outs

Monday: Chicken Nuggets with Roll

Tuesday: Chicken Caesar Salad with Roll

Wednesday: Chicken Nuggets with Roll

Thursday: Chef Salad with Roll

Friday: Turkey & Cheese Sandwich

Maschio's Swap Outs Available Daily

PB & J Jamwich Meal

Bagel Meal :Bagel, Cheese Sticks, Fruit & Vegetable

Garden Salad with Egg or Cheese and Roll

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 New Item! Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fr	4 Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! Pizza Cheese Quesadilla Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 China Popcorn Chicken w/ Sweet & Sour Dipping Sauce Rice Broccoli Mandarin Oranges	9 Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa Steamed Corn Fresh or Chilled Fruit	10 Germany All Beef Frankfurter on a Bun Potato Wedges Applesauce	11 America Cheeseburger on a Bun Sweet Potato Crinkle Fries Baked Beans Home-Style Apple Crisp National BBQ Month	12 Italy Mini Cheese or Pepperoni Calzones with Marinara Sauce Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Mozzarella Sticks w/ Marinara Sauce Dinner Roll Garden Salad Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Tater Tots Fresh or Chilled Fruit	17 Lucky Tray Day Mini Corn Dog Nuggets Smile Fries Vegetable of the Day Fresh or Chilled Fruit	18 Pasta with Meatball Fresh Veggie Dippers Fresh or Chilled Fruit	19 Mini Cheese Pizza Bagels Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Chicken Fries Dinner Roll Assorted Potatoes Fresh or Chilled Fruit	23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	25 SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 Assorted Pizza Selection Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed 	30 Cheesesteak Sandwich with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	31 Cheeseburger on a Bun Baked Fries Fresh or Chilled Fruit	 Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 550-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Questions or Concerns? Please Visit www.MaschioFood.com
 Or Call Maschio's Food Services at: 908-859-2022

Lunch Tickets are available in the cafeteria:
 5 for \$13.75/10 for \$27.50 /20 for \$55.00

**Please Make Checks Payable To:
 Greenwich Township Board of Education**

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily

Check us out on Facebook : [Maschio's Food Services, Inc.](https://www.facebook.com/MaschioFoodServices)