



Stewartsville Middle School

February 2017
Lunch Menu

Student Lunch \$2.75 Reduced Lunch \$0.40 Adult Lunch \$3.50

All Meals are Served with the Vegetable of the Day and/or a selection from the Harvest Market, Fruit of the Day, and Low Fat Milk Choice

The Main Event

Monday Tuesday Wednesday Thursday Friday

Fast & Fresh Assorted Freshly Prepared Specialty Salad Meals

Great Grillers Hamburger or Cheeseburger on a Bun
Crispy Chicken Sandwich
Chicken Nuggets with Roll

Deli Central Assorted Quality Deli Meats & Cheeses on Fresh Rolls, Breads, and Wraps with a Variety of Fresh Toppings

Harvest Market Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers
Featured Daily

		1 Pasta Day with Meat Sauce Garlic Breadstick Vegetable Medley Fresh or Chilled Fruit	2 New Item! <i>Super "Burrito" Bowl</i> Beef Burrito Bowl with Beans, Cheddar Cheese, Rice, & Peppers & Onions Steamed Corn Fresh Orange Wedges Super Bowl Celebration	3 Personal Pan Cheese Pizza Freshly Prepared Garden Salad Fresh or Chilled Fruit
6 Crispy Chicken BLT on a Roll with Turkey Bacon, Lettuce & Tomatoes Potato Wedges Fresh or Chilled Fruit	7 Nacho Platter with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	8 New Item! Ham & Cheese Melt on a Pretzel Bun <i>Home-Style Minestrone Soup</i> Fresh Veggie Dippers Fresh or Chilled Fruit	9 Chicken Fajita Wrap with Cheddar Cheese, Peppers & Onions Battered French Fries Fresh or Chilled Fruit	10 Mini Cheese Pizza Bagels Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
13 Chicken Tender Basket with Warm Pretzel Stick & Seasoned Fries Fresh or Chilled Fruit	14 Grilled Cheese Sandwich Tomato Soup Glazed Carrots Fresh or Chilled Fruit Valentine's Day	15 Pasta Day with Meatballs Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Tater Tots Fresh or Chilled Fruit	17 School Closed
20 School Closed	21 Bacon, Egg & Cheese on an English Muffin Hash Browns Fresh or Chilled Fruit	22 Roast BBQ Chicken with Roll Green Beans Fresh or Chilled Fruit	23 Top Your Own All Beef Burger or Cheeseburger on a Bun with Lettuce, Tomatoes, & Onions Spiral Fries Fresh or Chilled Fruit NASCAR "Race to Good Nutrition"	24 Stuffed Crust Cheese Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
27 New Item! Chicken & Cheese Quesadilla <i>Home-Style Veggie Tortilla Soup</i> Fresh or Chilled Fruit National Tortilla Day	28 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit	 <p>Keep your heart happy by choosing healthy options!</p>		

Our well-balanced lunches available for the week, average between **600-700 calories**, with **less than 10%** of total calories from **saturated fat** and **0 grams of trans fat!**

 Check us out on Facebook: *Maschio's Food Services, Inc.*

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 908-859-2023

MENU SUBJECT TO CHANGE

Prepaid Meals are available in the cafeteria:
5 for \$13.75/10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To: Greenwich Township Board of Ed.

